

CURRICULUM VITAE

Jacob Szeszulski, PhD

Assistant Professor
Texas A&M AgriLife Research
Institute for Advancing Health Through Agriculture – Healthy Living
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Education and Training

University of Texas Health Science Center at Houston	Post-doc	May 2019	Aug 2021	School of Public Health's Cancer Education and Career Development Program Mentors: Maria Fernandez, Deanna Hoelscher, and Timothy Walker
Arizona State University	PhD	Aug 2015	May 2019	Exercise and Nutritional Science Mentors: Noe C. Crespo, Steven P. Hooker, and Rebecca E. Lee <i>Dissertation: An Examination of Socioecological Factors that Influence Preschool-aged Children's Cardiovascular Fitness and Gross Locomotor Skills within their Developmental Pathway</i>
Central Michigan University	M.A.	Aug 2013	May 2015	Physical Education: Exercise Science Mentor: Bill Saltarelli <i>Thesis: Increase in Knowledge of Aerobic Exercise Prescription Following Active Model Based Teaching Methods in Grade School Children</i>
Central Michigan University	B.S.	Aug 2008	Dec 2012	Health Fitness in Preventive and Rehabilitative Programs Minors: Psychology, Exercise Science

Professional Appointments

September 2021 – Current	Assistant Professor	Texas A&M AgriLife Research – Dallas
May 2019 – August 2021	Post-doctoral Fellow	University of Texas Health Science Center School of Public Health Cancer Education and Career Development Program – National Cancer Institute/NIH Grant T32/CA057712. Courses taught: <ul style="list-style-type: none">PHD 1435: Health Promotion and Behavioral Sciences Doctoral/Post-Doctoral Seminar
May 2019 – August 2021	Research Faculty	University of Texas Health Science Center School of Public Health
May 2015 – May 2019	Research Assistant	Athletes for Life, Arizona State University

May 2016 – May 2019	Research Assistant	Sustainability via Active Garden Education, Arizona State University
August 2017 – December 2017	Adjunct Instructor	Northern Arizona University Courses taught: <ul style="list-style-type: none"> • HSC 200 (Online): Healthy Lifestyles (2 sections)
August 2015 – December 2017	Instructor	Arizona State University Courses taught: <ul style="list-style-type: none"> • HCD 501(Online): Health Behavior and Statistical Tools Health Environments • EXW 290: Introduction to Evidence-Based Practice • EXW 101: Introduction to Kinesiology
August 2015 – August 2016	Lab Instructor	Arizona State University Courses taught: <ul style="list-style-type: none"> • EXW 330: Kinesiological Foundations of Movement Laboratory • EXW 316: Physiological Foundations of Movement Laboratory (2 sections)
August 2013 – May 2015	Project Manager	Cardiovascular Health Intervention Program, Central Michigan University
August 2013 – May 2015	Teaching Assistant	Central Michigan University Courses taught: <ul style="list-style-type: none"> • HSC 219: Exercise Conditioning for Health Fitness Professional (5 sections) • HSC 220: Basics in Health Fitness • HSC 420: Health Fitness Assessment (6 sections) • HSC 421: Personal Training (2 sections) • HSC 423: Practicum in Personal Training (4 sections)
June 2012 – August 2014	Program Supervisor	Wellspring La Jolla, Wellspring Camps
December 2013 – May 2015	Personal Trainer/ Group Fitness	Morey Courts Recreation Center
December 2012 – June 2013	Supervisor	Delta College Fitness and Recreation Center
May 2011 – May 2012	Fitness Instructor	Student Activity Center, Center Michigan University

Honors and Awards

Research Awards

• 2018 April	Society of Behavioral Medicine	Meritorious Student Abstract Award	\$0.00
• 2017 November	American Public Health Association	Health Education and Health Promotion Abstract Award	\$100.00

Academic Awards

• 2019 May	College of Health Solutions, Arizona State University	Dr. Charles Corbin Outstanding Graduating Leader, Teacher, and Scholar Award	\$0.00
• 2018 August	College of Health Solutions, Arizona State University	Student Block Grant Award	\$3,460.00
• 2017 August	College of Health Solutions, Arizona State University	Student Block Grant Award	\$4,570.00

Travel Awards

• 2019 March	Arizona State University Graduate and Professional Student Association	Travel Grant	\$950.00
• 2018 November	College of Health Solutions, Arizona State University	Anisworth Travel Award	\$500.00
• 2018 April	Arizona State University Graduate and Professional Student Association	Travel Grant	\$950.00
• 2017 November	American Public Health Association Physical Activity Section	Travel Grant	\$750.00
• 2017 November	American Public Health Association Student Section	Travel Grant	\$500.00
• 2017 February	Arizona State University Graduate and Professional Student Association	Travel Grant	\$950.00
• 2016 April	Arizona State University Graduate and Professional Student Association	Travel Grant	\$950.00
• 2016 April	College of Health Solutions, Arizona State University	Anisworth Travel Award	\$250.00

Event Awards

• 2018 February	Arizona State University Undergraduate Student Government	Building Healthy Lifestyle Conference Grant	\$4,097.00
• 2017 January	Arizona State University Graduate and Professional Student Association	Building Healthy Lifestyle Conference Grant	\$2,000.00
• 2016 February	Arizona State University Graduate and Professional Student Association	Building Healthy Lifestyle Conference Grant	\$2,000.00

Statement of Research Interests

Dr. Jacob Szeszulski's primary research interest is in the development, implementation, evaluation, and dissemination of school- and community-based physical activity and nutrition programs for youth. Specifically, he is interested in understanding policies, systems, and environments that affect youth physical activity and nutrition, identifying organizational and contextual factors that affect the delivery of school- and community-based programs, and using community-based participatory research approaches to reduce disparities in youth's health behaviors, and subsequent health outcomes.

Funded Support

Current Funding

American Heart Association Research Supplement to Promote Diversity in Science Research Supplement
Evaluating and Promoting Parent Engagement in the Healthy School Recognized Campus (HSRC) Initiative
Role: Primary Mentor
Total Project Costs: \$143,177.00

Award # 23DIVSUP1057665
Ayiane (PI)/Szeszulski (Primary Mentor)
04/01/2023 – 3/31/2025

National Institutes of Health. NICHD R01 Award	Szeszulski and MacMillan Uribe (MPI)	R01MD018214 9/19/2022 - 5/31/2027
Strong Teens for Healthy Schools Change Club: A civic engagement approach to improving physical activity and healthy eating environments		
Role: Principal Investigator		
Total Project Costs: \$1,515,000		
American Heart Association Career Development Award Early Career Award	Szeszulski (PI)	Award # 933664 04/01/2022 – 3/31/2025
Optimizing the Impact of the Healthy School Recognized Campus Program on Youth's CVD Risk Factors		
Role: Principal Investigator		
Total Project Costs: \$230,536		
Texas A&M AgriLife Research Hatch-Multistate Funding FY2 Program Support RFP	Szeszulski (PI)	01/27/2023 – 7/31/2023
Policy, Systems, and Environmental Approaches to Improving Youths' Health		
Role: Principal Investigator		
Total Project Costs: \$15,000		
tNORC Pilot and Feasibility Projects Program	C. Rethorst (PI)	10/2021 - 9/2022
Real-time assessment of the bidirectional relationship between affective states and eating behaviors		
Role: Co-Investigator		
Total Project Costs: \$25,000		
Texas A&M AgriLife Research Institute for Advancing Health through Agriculture Pilot Funding	J. Szeszulski (PI)	02/01/2022 – 08/31/2023
Optimizing the Effectiveness and Impact of the Healthy School Recognized Campus (HSRC) and Strong Teens for Healthy Schools Change Club (STHS-CC) Programs		
Role: Principal Investigator		
Total Project Costs: \$367,620		
Texas A&M AgriLife Research Institute for Advancing Health through Agriculture Pilot Funding	MacMillan Uribe (PI)	02/01/2022 – 08/31/2023
Produce Prescription Program (Produce Rx)		
Role: Co-Investigator		
Total Project Costs: \$254,060		
Texas A&M AgriLife Research Institute for Advancing Health through Agriculture Pilot Funding	Seguin Fowler (PI)	02/01/2022 – 08/31/2023
Strong Hearts, Healthy Communities (SHHC) Urban Adaptation		
Role: Co-Investigator		
Total Project Costs: \$179,184		
Texas A&M AgriLife Research Institute for Advancing Health through Agriculture Pilot Funding	Rethorst (PI)	02/01/2022 – 08/31/2023
Strong Hearts, Healthy Communities (SHHC) Digital Intervention		
Role: Co-Investigator		
Total Project Costs: \$157,783		

Completed Funding

L40 CA253826

National Institutes of Health, NCI
Pediatric Loan Repayment Application **J. Szeszulski (PI)** 7/2020 - 6/2022
Leveraging Implementation Science to Build a Career in School-based Cancer and Chronic Disease Prevention
Research
Role: Principal Investigator
Total Project Costs: \$44,168.80

Arizona State University
Dissertation Completion Award **J. Szeszulski (PI)** 9/2018 - 5/2019
An Examination of Socioecological Factors that Influence Preschool-aged Children's Cardiovascular Fitness and Gross
Locomotor Skills within their Developmental Pathway
Role: Principal Investigator
Total Project Costs: \$8,500

National Institutes of Health, NIMHD
U01 MD010667-01 R.E. Lee (PI) 5/2019 - 10/2021
Partnering for Physical Activity in Early Childhood: Sustainability via Active Garden Education
Role: Consultant
Total Project Costs: \$2,435,310.00

Peer-reviewed Publications

Manuscripts Published/In Press

1. Lee RE, Lorenzo E, **Szeszulski J**, Arriola A, Bruening M, Estabrooks PA, Hill J, Marsiglia FF, O'Connor T, Pollins KS, Shaibi GQ. Design and methodology of a cluster-randomized trial in early care and education centers to meet physical activity guidelines: Sustainability via Active Garden Education (SAGE). *Contemp Clin Trials*. 2019 Feb 1;77:8-18. doi: [10.1016/j.cct.2018.12.003](https://doi.org/10.1016/j.cct.2018.12.003) PMID: PMC6464371
2. **Szeszulski J**, Lorenzo E, Shaibi GQ, Buman MP, Vega-López S, Hooker SP, Lee RE. Effectiveness of early care and education center-based interventions for improving cardiovascular fitness in early childhood: A systematic review and meta-analysis. *Prev Med Rep*. 2019 Sep 1;15:100915. doi: [10.1016/j.pmedr.2019.100915](https://doi.org/10.1016/j.pmedr.2019.100915) PMID: PMC6598036
3. **Szeszulski J**, Lorenzo E, Arriola A, Lee RE. Community-Based Measurement of Body Composition in Hispanic Women: Concurrent Validity of Dual-and Single-Frequency Bioelectrical Impedance. *J Strength Cond Res*. 2020 Jan 10. doi: [10.1519/JSC.0000000000003483](https://doi.org/10.1519/JSC.0000000000003483) PMID: 31929352
4. Lorenzo E, **Szeszulski J**, Todd M, Mama SK, Lee RE. Health is power: active transportation, physical activity, and cardiometabolic health among ethnic minority women. *J Phys Act Health*. 2020 Feb 8;1(aop):1-8. doi: [10.1123/jpah.2019-0098](https://doi.org/10.1123/jpah.2019-0098) PMID: 32035414
5. **Szeszulski J**, Vega-López S, Todd M, Ray F, Behar A, Campbell M, Chavez A, Eckert R, Lorenzo-Quintero A, Manrique LH, Crespo NC. Athletes for life: Rationale and methodology of a community-and family-based randomized controlled trial to promote cardiovascular fitness among primarily Latino families. *Contemp Clin Trials*. 2020 Feb 13:105956. doi: [10.1016/j.cct.2020.105956](https://doi.org/10.1016/j.cct.2020.105956) PMID: 32061969
6. **Szeszulski J**, Walker T, Robertson M, Cuccaro P, Fernandez ME. School Staff's Perspectives on the Adoption of Elementary-School Physical Activity Approaches: A Qualitative Study. *Am J Health Educ*. 2020 Oct 15:1-1. doi: [10.1080/19325037.2020.1822241](https://doi.org/10.1080/19325037.2020.1822241) PMID: 33763162
7. Lorenzo E, **Szeszulski J**, Shin C, Todd M, and Lee RE. Relationship between walking for active transportation and cardiometabolic health among adults: A systematic review. *J Transp Health*. 2020 Dec;19. doi: [10.1016/j.jth.2020.100927](https://doi.org/10.1016/j.jth.2020.100927)

8. **Szeszulski J**, Lorenzo E, O'Connor T, Hill JL, Shaibi GQ, Buman MP, Vega-López S, Hooker SP, & Lee RE. Exploring Correlates of Preschool-aged Children's Locomotor Skills: Individual and Parent Demographics and Home Environment. *Percept Mot Skills*. December 2020. doi: [10.1177/0031512520980938](https://doi.org/10.1177/0031512520980938) PMID: 33342342
9. **Szeszulski J**, Walker T, McCurdy S, & Hoelscher D. Use of School Wellness Policy Templates in One Texas Health Service Region: A Mixed-Methods Analysis. *J Sch Health*. 2020 (In Press) DOI: [10.1111/josh.13032](https://doi.org/10.1111/josh.13032)
10. Walker TJ, Craig DW, Robertson MC, **Szeszulski J**, Fernandez ME. The relation between individual-level constructs and implementation of classroom-based physical activity approaches among elementary school teachers. *Transl Behav Med*. 2020 DOI: [10.1093/tbm/ibaa133](https://doi.org/10.1093/tbm/ibaa133) PMID: 33598700
11. **Szeszulski J**, Lanza K, Dooley E, Johnson A, Walker T, Knell G, Craig DW, Robertson M, Salvo D, & Kohl III H. Y-PATHS: A Conceptual Framework for Classifying the Time, How, and Setting of Children's Physical Activity. *J Phys Act Health*. 2020 DOI: [10.1123/jpah.2020-0603](https://doi.org/10.1123/jpah.2020-0603) PMID: 33581685
12. Lee RE, Joseph RP, Blackman Carr LT, Strayhorn SM, Faro J, Lane H, Monroe C, Pekmezi D, & **Szeszulski J**. Still striding toward social justice? Redirecting physical activity research in a post-COVID-19 world. *Transl Behav Med*. 2021 DOI: [10.1093/tbm/ibab026](https://doi.org/10.1093/tbm/ibab026) PMID: 33822205
13. Walker TJ, Craig DW, **Szeszulski J**, & Fernandez ME. Developing and Testing Measures for Individual-Level Constructs related to the Implementation of School-Based Physical Activity Approaches. *Journal of Healthy Eating and Active Living*. 2021 Sep 23;1(3):117-26. DOI: [10.51250/jheal.v1i3.18](https://doi.org/10.51250/jheal.v1i3.18)
14. **Szeszulski J**, Walker TJ, Robertson MC, & Fernandez ME. Differences in psychosocial constructs among elementary school staff that implement physical activity programs: a step in designing implementation strategies *Transl Behav Med*. 2021 Aug 23. DOI: [10.1093/tbm/ibab120](https://doi.org/10.1093/tbm/ibab120)
15. Walker TJ, Craig DW, Pavlovic A, Thiele S, Natale B, **Szeszulski J**, DeFina L, & Kohl III H. Physical Activity and Healthy Eating Programming in Schools to Support Student's Health-Related Fitness: An Observational Study. *Int J Environ Res Public Health*. 2021;18(21):11069. doi: [10.3390/ijerph182111069](https://doi.org/10.3390/ijerph182111069) PMID: 34769588
16. **Szeszulski J**, Craig DW, Walker TJ, Foster M, Mullen PD, & Fernandez ME. Applying Evidence-Based Intervention (EBI) Mapping to Identify the Components and Logic of Colorectal Cancer Screening Interventions. *Transl Behav Med*. 2022;12(2):304-23. doi: [10.1093/tbm/ibab140](https://doi.org/10.1093/tbm/ibab140) PMID: 34730181
17. **Szeszulski J**, Helal Salsa G, Cuccaro P, Markham CM, Martin M, Savas LS, Valerio M, Walker TJ, & Springer AE. Using Community-Academic Partnerships and a Creative Expression Contest to Engage Youth in the Development of Communication Materials for Promoting Behaviors that Prevent COVID-19. *Health Promot Pract*. 2022. doi: [10.1177/15248399211070547](https://doi.org/10.1177/15248399211070547)
18. **Szeszulski J**, Lorenzo E, Todd M, O'Connor TM, Hill J, Shaibi GQ, Vega-Lopez S, Buman M, Hooker SP, & Lee RE. Early Care and Education Center Environmental Factors Associated with Product- and Process-based Locomotor Outcomes in Preschool-Age Children. *Int J Environ Res Public Health*. 2022; 19(4):2208. doi: [10.3390/ijerph19042208](https://doi.org/10.3390/ijerph19042208) PMID: 35206392
19. Walker TJ, **Szeszulski J**, Robertson M, Cuccaro P, & Fernandez ME. Understanding implementation strategies to support physical activity approaches in elementary schools: a qualitative study. *Eval Program Plann*. 2022. (In Press) doi: [10.1016/j.evalprogplan.2022.102051](https://doi.org/10.1016/j.evalprogplan.2022.102051) PMID: 35240403
20. Classen S, **Szeszulski J**, Ranjit N, Rivas-Ponce G, & Hoelscher D. Coordinated Health in Texas Elementary Schools' Campus Improvement Plans: Analysis of Regional Differences and Trends between 2016 and 2020. *Int J Environ Res Public Health*. 2022; 19(9):4979. doi: [10.3390/ijerph19094979](https://doi.org/10.3390/ijerph19094979) PMID: 35564373

21. Lee RE, **Szeszulski J**, Lorenzo E, Arriola A, Bruening M, Estabrooks E, Hill JL, O'Connor T, Pollins K, Shaibi GQ, Soltero E, Todd M. Sustainability via Active Garden Education: The Sustainability Action Plan Model and Process. *Int J Environ Res Public Health*. 2022; 19(9):5511. doi: [10.3390/ijerph19095511](https://doi.org/10.3390/ijerph19095511) PMID: 35564909
22. Walker TJ, Foster M, **Szeszulski J**, Craig DW, Fernandez ME, & Mullen P. Evidence-Based Intervention (EBI) Mapping: a systematic approach to understanding the components and logic of EBIs. *BMC Public Health*. 2022; 22(1):1300. [10.1186/s12889-022-13692-x](https://doi.org/10.1186/s12889-022-13692-x) PMID: 35794615
23. Rethorst CD, Githinji G, Seguin-Fowler RA, MacMillan Uribe AL, **Szeszulski J**, Liao Y. Real-time assessment of the bidirectional relationship between affective states and glucose. *JMIR Res Protoc*. 2023; 12:e45104. doi: [10.2196/45104](https://doi.org/10.2196/45104) PMID: 36947140
24. Diaz EM, Walker TJ, Craig D, Gibson R, **Szeszulski J**, Brandt H, Wandersman A, Fernandez ME. Examining readiness for implementing practice changes in federally qualified health centers: a rapid qualitative study. *J Community Psychol*. 2023 (In Press)

Books/Book Chapters

1. Soltero EG, **Szeszulski J**, Knell G, Franklin EV, Martino S. "Physical activity strategies for managing pediatric obesity." *Managing Pediatric Obesity Using Advanced Therapies - A Primary Care Provider's Practical Guide*, Editor Claudia K. Fox. March 2023.

Other Publications

1. **Szeszulski J**. Preparing Student for Careers after Graduation: The Value of Community-Academic Partnerships. *The Society of Behavioral Medicine Newsletter*. Summer 2019
2. Brown D, Joseph R, Monroe C, Petrov ME, Salerno E, **Szeszulski J**, Lee RE. Matching Behavior and Biology: How Chronotypes Influence Your Physical Activity and Sleep. *Society of Behavioral Medicine Healthy Living Article*. Spring 2023. <https://www.sbm.org/healthy-living/matching-behavior-and-biology-how-chronotypes-influence-your-physical-activity-and-sleep>

Published Abstracts and Conference Presentations

1. Foster M, Mullen PD, **Szeszulski J**. Practical Resources for Adapting Interventions to Serve Your Community's Needs. Accepted as a Learning Institute (pre-conference workshop) at the Annual American Public Health Association Conference. Atlanta, GA, USA. November 2023.
2. **Szeszulski J**, Gardner J, Butler P. The Healthy School Recognized Campus Initiative. Accepted for oral presentation at the Texas Association for Health, Physical Education, Recreation & Dance (TAHPERD) Summer Conference. San Marcos, Texas, USA. July 2023.
3. Rethorst CD, Demment M, Graham ML, MacMillan Uribe AL, **Szeszulski J**, Githinji P, Nelson ME, Strogatz D, Folta SC, Bailey RL, Davis JM, Seguin-Fowler RA. Mediation analysis to identify mechanisms responsible for weight loss in the Strong Hearts, Healthy Communities 2.0 community-randomized trial. *International Society for Behavioral Nutrition and Physical Activity, Annual Meeting*, Uppsala, Sweden, June 2023
4. Iyer S, MacMillan Uribe A, Rethorst C, Seguin-Fowler RA, **Szeszulski J**. Examining Urban-Rural Differences in School Districts' Local Wellness Policy Implementation Environments. Accepted as a poster presentation at the 44th Annual Society for Behavioral Medicine Conference. Phoenix, AZ, USA. April 2023.
5. Githinji P, Ayine P, On A, Villarreal DL, **Szeszulski J**, MacMillan Uribe A, Rethorst C, Seguin-Fowler RA. Strong Hearts Healthy Communities: An Urban Adaptation of an Effective Cardiovascular Disease Prevention Intervention. Accepted as a poster presentation at the 44th Annual Society for Behavioral Medicine Conference. Phoenix, AZ, USA. April 2023.

6. Gardner, A., MacMillan Uribe, A.L., Rethorst, C.D., Seguin-Fowler, R., & **Szeszulski, J.** Using Evidence-Based Intervention Mapping to Adapt the Change Club Curriculum into Strong Teens for Healthy Schools Change Club. Accepted as a poster presentation at the 44th Annual Society for Behavioral Medicine Conference. Phoenix, AZ, USA. April 2023.
7. Gustafarro K, **Szeszulski J**, Pfammatter A. Advanced topics in intervention optimization: Matching the right research design to your research question. Accepted as a preconference workshop at the 44th Annual Society for Behavioral Medicine Conference. Phoenix, AZ, USA. April 2023.
8. Schaefer A, Butler P, Macmillan Uribe A, Rethorst C, Rolke L, Seguin-Fowler R, and **Szeszulski J.** Relationship Between the Inner Setting of the Consolidated Framework for Implementation Research and the Implementation of the Healthy School Recognized Campus Initiative: A Mixed-Methods Analysis. Accepted as an oral presentation at the 44th Annual Society for Behavioral Medicine Conference. Phoenix, AZ, USA. April 2023.
9. MacMillan Uribe AL, Graham M, **Szeszulski J**, Rethorst CD, Githinji P, Demment M, Seguin-Fowler RA. Strong Hearts, Healthy Communities 2.0: Effects of a Community-Randomized Cardiovascular Disease Risk Reduction Intervention on Diet-related Outcomes of Rural Women. Accepted as an oral presentation at the 44th Annual Society for Behavioral Medicine Conference. Phoenix, AZ, USA. April 2023
10. Gardner, A., Xin, L., Schaefer, A., **Szeszulski, J.**, Butler, P., & MacMillan Uribe, A.L. Getting Involved with Research: Opportunities and Experiences from the Institute for Advancing Health Through Agriculture, Healthy Living Program. Accepted as an oral presentation at the AgriLife Extension Health Summit. College State, TX, USA. February 2023.
11. Xin L., Butler P., Gardner A., Gardner J., MacMillan Uribe A., Schaefer A., **Szeszulski J.** The Healthy School Recognized Campus Initiative: A strategy to improve community engagement in health promotion programs. Accepted as a Concurrent Oral Session at the Extension Health Summit. College Station, TX, USA. February 2023.
12. Ayine P, Rethorst C, Seguin-Fowler R, **Szeszulski J**, Uribe AM. Perceptions of food access and food insecurity among toddler's caregivers of low socioeconomic status. Accepted as a poster at the 150th American Public Health Association Annual meeting and expo conference. Boston, MA, USA. Nov 2022.
13. Onadeko K, Walker T, Craig D, Pavlovic A, **Szeszulski J**, DeFina L, Kohl H. Comparing In-person and Remote Physical Education During the COVID-19 Pandemic. Accepted as a poster presentation to the 96th Annual School Health Conference. Albuquerque, NM, USA. July 2022.
14. **Szeszulski J**, Faro J, Joseph R, Lanza K, Lévesque L, Monroe C, Pérez-Paredes E, Soltero E, & Lee R.E. The Impact of Forces of Change on Physical Activity Research, Policy, and Practice: Exploring Emerging Approaches and their Consequences. Accepted as a symposium presentation at the International Society of Behavioral Nutrition and Physical Activity Research. Phoenix, Arizona USA. May 2022
15. Lanza K, Faro J, Joseph R, Lévesque L, Monroe C, Pérez-Paredes E, Soltero E, **Szeszulski J**, & Lee R.E. Climate Change Adaptation for Physical Activity Promotion. Accepted as a symposium presentation at the International Society of Behavioral Nutrition and Physical Activity Research. Phoenix, Arizona USA. May 2022
16. Lévesque L, Faro J, Joseph R, Lanza K, Monroe C, Pérez-Paredes E, Soltero E, **Szeszulski J**, & Lee R.E. The Anti-colonial Health and Physical Activity Research in the Time of COVID-19. Accepted as a symposium presentation at the International Society of Behavioral Nutrition and Physical Activity Research. Phoenix, Arizona USA. May 2022

17. Pérez-Paredes E, Faro J, Joseph R, Lanza K, Lévesque L, Monroe C, Soltero E, **Szeszulski J**, & Lee R.E. The Appropriation of Public Space for the Promotion of Physical Activity: Climate Change Mitigation Strategy in Cities. Accepted as a symposium presentation at the International Society of Behavioral Nutrition and Physical Activity Research. Phoenix, Arizona USA. May 2022
18. Rolke L.J., Uribe MacMillan AL, Rethorst C, Seguin-Fowler RA, Walker TJ, & **Szeszulski JS**. Understanding School-based Local Wellness Policy Implementation: Relationship Between the School District Implementation Stakeholders and Wellness Goals. Accepted as a poster presentation at the International Society of Behavioral Nutrition and Physical Activity Research. Phoenix, Arizona USA. May 2022
19. Walker TJ, **Szeszulski J**, Craig DW, Onadeko K, & Fernandez ME. Association between school-level factors and the implementation of classroom-based physical activity approaches in elementary schools: A cross-sectional study. Accepted as a poster presentation at the 14th Annual Conference on the Science of Dissemination and Implementation. Arlington, VA, USA. December 2021
20. **Szeszulski J.**, Dias E., Ibekwe L.N., Gibson R., Lamont A., Walker T.J., Wandersman A., & Fernandez M.E. Understanding Organizational Readiness in Federally Qualified Health Centers: A Qualitative Content Analysis of General Capacity Subcomponents from R=MC2. Accepted as a poster presentation at the 14th Annual Conference on the Science of Dissemination and Implementation. Arlington, VA, USA. December 2021.
21. Dias, E., Walker, T., Craig, D., Johnson, H., **Szeszulski, J.**, Gibson, R., Brandt, H., Wandersman, A. & Fernandez, M.E. Federally qualified health center staff's understanding of the organizational readiness subcomponents from the R=MC2 heuristic: A rapid qualitative analysis. Accepted as a poster presentation at the 14th Annual Conference on the Science of Dissemination and Implementation. Arlington, VA, USA. December 2021.
22. Craig D.W., **Szeszulski J.**, Dooley E.E., Johnson A.M., Knell G., Lanza K., Robertson M.C., Walker T.J., Kohl III H.W., & Fernandez M.E. Development and evaluation of youth physical activity interventions using the Youth Physical Activity: Timing, How, and Setting (Y-PATHS) framework. Accepted as an oral presentation at the International Society of Behavioral Nutrition and Physical Activity XChange Initiative 2021. Online. June 8-10, 2021.
23. Dias, E., Walker, T., Craig, D., Gibson, R., **Szeszulski, J.**, & Fernandez, M.E. Clinics' response to subcomponents from the R=MC2 heuristic that are relevant for colorectal cancer screening programs in the Federally Qualified Health Center (FQHC) setting: A rapid qualitative exploration. Accepted for Poster Presentation at Research Beyond Boundaries Conference. Dallas, TX, USA April 2021.
24. Dias, E., Walker, T., Craig, D., Gibson, R., **Szeszulski, J.**, & Fernandez, M.E. Understanding subcomponents from the R=MC2 heuristic that are relevant to implementing colorectal cancer screening programs in the Federally Qualified Health Center (FQHC) setting: a qualitative study. Accepted for Poster Presentation at UTHHealth School of Public Health Research Day. Houston, TX, USA April 2021.
25. Lorenzo, E. **Szeszulski, J.**, Adams, M. A., Lee, R. E. Association of neighborhood environment with physical activity, sedentary time and cardiometabolic risk factors among Hispanic women. Accepted for poster presentation at Sigma Theta Tau International's 32nd International Nursing Research Congress. Singapore, July 2021.
26. Lee R.E., Joseph R., Blackman Carr L.T. Faro J., Lane H., Monroe C., Strayhorn S.M., **Szeszulski J.**, Still striding toward social justice? Redirecting physical activity research in a post-COVID-19 world. Accepted as a panel discussion at the Society of Behavioral Medicine Conference. Online. April 2021.

27. **Szeszulski J.**, Lanza K., Dooley E.E., Johnson A.M., Knell G., Walker T.J., Craig D.W., Robertson M.C., Salvo D., and Kohl III H.W. Surveillance Applications for the Novel Youth Physical Activity Timing, How, and Setting (Y-PATHS) Framework. Accepted as an oral presentation at the Society of Behavioral Medicine Conference. Online. April 2021
28. Helal Salsa G., **Szeszulski J.**, Cuccaro P., Markham C., Martin M., Savas L.S., Valerio M., Walker T., Springer A.E. Youth-led Creative Expression COVID-19 Protection Contest. Submitted as a poster to the Virtual 2020 Community Engagement Symposium “Strategies for Community Resiliency and Recovery for 2021 and Beyond”. San Antonio, TX, USA October 2020.
29. Lee, R.E., **Szeszulski J.**, Suh, B., Lorenzo, E. Sustainability via Active Garden Education (SAGE): An Early Look at Physical Activity-Related Outcomes. Accepted for Symposium at the Annual Conference on International Society for Behavioral Nutrition and Physical Activity. Auckland, New Zealand. June 2020. Due to COVID-19 related conference cancellation, this peer-reviewed symposium was disseminated at <https://venuewest.eventsair.com/isbnpa-xchange-initiative/>.
30. Craig D., **Szeszulski J.**, Mullen P., Walker T.J., Foster M., Fernandez M.E. Using Intervention Mapping Processes to Understand the Key Elements of Colorectal Cancer Screening Evidence-Based Interventions. Accepted as a poster presentation at the Society of Public Health Education Conference. Online. March 2020
31. Mullen P., Craig D., Fernandez M.E., Foster M., **Szeszulski J.**, Walker T. Identifying Determinants, Theoretical Change Methods, and Design Features of an Evidence-based Intervention: A Key Step in the Adaptation Process Using Intervention Mapping. Accepted as a workshop at the Society of Public Health Education Conference. Online. March 2020
32. Craig D., **Szeszulski J.**, Mullen P., Walker T.J., Foster M., Fernandez M.E. Using Intervention Mapping Processes to Understand the Key Elements of Colorectal Cancer Screening Evidence-Based Interventions. Accepted as a poster presentation at the 13th Annual Conference on the Science of Dissemination and Implementation. Arlington, VA, USA. December 2020.
33. **Szeszulski J.**, Estabrooks P., Fernandez M.E., Lee R.E., Walker T. Understanding, Planning, and Evaluating Implementation Strategies for School-based Physical Activity Approaches. Accepted as a symposium for presentation at the Society of Behavioral Medicine Conference. San Francisco, CA, USA. April 2020. (Conference cancelled)
34. Walker T., **Szeszulski J.**, Robertson M., Cuccaro P., Fernandez M. E. Implementation strategies used to support physical activity approaches in elementary schools: a qualitative study. Accepted as part of a symposium for presentation at the Society of Behavioral Medicine Conference. San Francisco, CA, USA. April 2020. (Conference cancelled)
35. Fernandez M.E., **Szeszulski J.**, Walker T., Markham C.M., ten Hoor G.A. Implementation Mapping: A Process for Improving the Delivery of School-based Physical Activity Programs. Accepted as part of a symposium for presentation at the Society of Behavioral Medicine Conference. San Francisco, CA, USA. April 2020. (Conference cancelled)
36. Lee R.E., **Szeszulski J.**, Lorenzo E., Hill J., O’Connor T., Bruening M., Shaibi G., Todd M., Estabrooks P. Sustainability via Active Garden Education (SAGE): Implementation Strategies in Early Care and Education Centers. Accepted as part of a symposium for presentation at the Society of Behavioral Medicine Conference. San Francisco, CA, USA. April 2020. (Conference cancelled)

37. **Szeszulski J.**, Lorenzo E., Lee R.E. Effectiveness of Sustainability via Active Garden Education (SAGE) on Young Children's Locomotor Skills. Accepted for oral presentation at the Society of Behavioral Medicine Conference. San Francisco, CA, USA. April 2020. (Conference cancelled)
38. **Szeszulski J.**, Robertson M., Walker T. Individual-Level Factors Related to the Implementation of School-based Physical Activity Approaches: Perspectives from Multiple Stakeholders. Accepted for oral presentation at the 12th Annual Conference on the Science of Dissemination and Implementation. Arlington, VA, USA. December 2019
39. Lee R.E., **Szeszulski J.**, Lorenzo E., Gutierrez M., Tornel M., Verdezoto Alvarado A., Bruening M. Eating Sweet Treats in Absence of Hunger May Influence Overweight in Mainly Hispanic Preschoolers. Accepted for poster presentation at The Obesity Society. Las Vegas, NV, USA. November 2019.
40. Lorenzo E., **Szeszulski J.**, Lee R.E. Sustainability via Active Gardening Education (SAGE): The association between walking for active transportation and cardiometabolic health among primarily Hispanic women. Accepted for poster presentation at the International Conference on Transport and Health. Melbourne, Australia, November 2019.
41. Vega-Lopez S., Crespo N.C., Bruening M., Hartmann L., **Szeszulski J.**, Lorenzo Quintero A., Ray F., Effects of a family- and community-based diet and physical activity intervention on home availability of fruit, vegetables, and sugar-containing foods in low-income, primarily Hispanic households. Accepted for poster presentation at International Society for Behavioral Nutrition and Physical Activity, Prague, Czech Republic, June 2019.
42. Lorenzo, E., **Szeszulski, J.**, Arriola, A., Bruening, M., Lee, R.E. Sustainability via Active Gardening Education (SAGE): The relationship of moderate to vigorous physical activity and food insecurity on cardiometabolic risk among primarily Hispanic mothers. Accepted for poster presentation at International Society for Behavioral Nutrition and Physical Activity, Prague, Czech Republic, June 2019.
43. **Szeszulski J.**, Lorenzo E., Arriola A., Lee R.E. Associations between Physical Activity Resources and Gross Motor Skills in Preschool-aged Children. Accepted for Poster Presentation at the Society of Behavioral Medicine Conference. March 2019.
44. Crespo N.C., Vega-Lopez S., **Szeszulski J.**, Todd M., Ray F., Behar A.I., Effects of a Family- and Community-based Intervention to Promote Cardiorespiratory Fitness among Underserved Families. Accepted for Poster Presentation at the Society of Behavioral Medicine Conference. March 2019.
45. Lee R.E., Arriola A., Inzunza E., **Szeszulski, J.**, Lorenzo E., Soltero, E. How can early care and education center gardens be sustained? Lessons learned from SAGE. Accepted for poster presentation at International Congress for Behavioral Medicine. November 2018
46. **Szeszulski J.**, Hutchens A., Lorenzo E., Arriola A., O'Connor T., Hill J., Hooker S.P., Lee R.E. Independent Association of Parenting Practices on Cardiorespiratory Fitness and Physical Activity of Preschool Aged Children. Accepted for poster presentation at American Public Health Association Annual Meeting. November 2018.
47. Lorenzo E., **Szeszulski J.**, Lee, R.E. Active transportation and cardiometabolic health among adults: A systematic review. Accepted for poster presentation at Sigma Theta Tau International's 29th International Nursing Research Congress, Melbourne, Australia, July 2018.
48. Lorenzo E., **Szeszulski J.**, Arriola A., Lee, R.E. Sustainability via Active Gardening Education (SAGE): Development of culturally appropriate parent messages using Nominal Group Technique (NGT) groups. Accepted for poster presentation at the annual conference of the International Society for Behavioral Nutrition and Physical Activity, Hong Kong, China, June 2018.

49. Lee R.E., Lorenzo E., **Szeszulski, J.**, Arriola A., Soltero, E. Sustainability via Active Garden Education (SAGE): Enhancing the social return on investment from school programming. Accepted for oral presentation at the annual conference of the International Society for Behavioral Nutrition and Physical Activity, Hong Kong, China, June 2018.
50. Lee R.E., Lorenzo E., **Szeszulski J.**, Arriola A., Soltero E.G. Sustainability via Active Garden Education (SAGE): Enhancing the social return on investment from school programming. Paper presented at the 4th World Congress on Public Health, Epidemiology and Nutrition, Osaka, Japan. June 2018.
51. James D., **Szeszulski J.**, Napoli M., Schmidt L., Bonifas R. Associations between a contemplative curricula and self-compassion in university Students. Accepted for poster presentation at the annual conference of the International Congress on Integrative Medicine and Health, Baltimore, Maryland, May 2018.
52. **Szeszulski J.**, Lorenzo E., Arriola A., Lee R.E. Comparison of Single and Dual Frequency BIA with Skinfold Calipers for Measurement of Body Composition in Hispanic Women. Accepted for Society of Behavioral Medicine Conference. April 2018.
53. **Szeszulski J.**, Vega-Lopez S., Todd M., Ray F., Tarango T., Crespo N.C. Preliminary Effects of a Community-Based Intervention on Cardiorespiratory Fitness and BMI in Parent-Child Dyads: The Athletes for Life Study. American Public Health Association Annual Conference. November 2017.
54. Lekuti Y., **Szeszulski J.** Weight Misperception Predicts Sadness and Hopelessness among Adolescent. Accepted for American Public Health Association Annual Conference. November 2017.
55. Lorenzo E., **Szeszulski J.**, Todd M., Mama S.K., Lee R.E. Is active transportation associated with cardiometabolic health outcomes among minority women? Accepted for presentation International Conference on Transport & Health. June 2017.
56. **Szeszulski J.**, Vega-Lopez S., Todd M., Ray F., Tarango T., Crespo N.C. Post-Intervention effects of a family- and community based physical activity intervention on self-reported recreation center usage and physical activity. Poster Presentation for American Public Health Association Annual Conference. November 2016.
57. **Szeszulski J.**, Vega-Lopez S., Crespo N.C. Children's cardiovascular fitness, rather than weight status, is associated with cardiovascular disease risk. Poster Presentation for National American College of Sports Medicine Conference Annual Conference. May 2016.
58. **Szeszulski J.**, Saltarelli W. Relationship of Children's Perceived Parental Physical Activity and Perceived Individual Physical Activity. Poster presentation for Central Michigan University Student Creative Research Endeavors Exhibit. May 2015.
59. **Szeszulski J.**, Saltarelli W. Comparison of Different Interventions of Physical Activity Knowledge Acquisition in Grade School Children. Oral presentation for Michigan American College of Sports Medicine Conference. February 2015.
60. **Szeszulski J.**, Saltarelli W. Correlation of Risk Factor Profiles with Changes in Physical Activity and Knowledge of Aerobic Exercise Prescription in Grade School Children. Poster Presentation for Mid-West American College of Sports Medicine Conference. November 2014.
61. **Szeszulski J.**, Saltarelli W. Increase in Knowledge of Aerobic Exercise Prescription Following Active Model Based Teaching Methods in 5th and 6th Grade School Children. Poster Presentation for North American Society for Pediatric Exercise Science Biennial Conference. August 2014.
62. **Szeszulski J.**, Saltarelli W. Increase in Knowledge of Aerobic Exercise Prescription Following Active Model Based Teaching Methods in 5th and 6th Grade School Children. Oral Presentation for American College of Sports Medicine Michigan State Conference. February 2014.

63. **Szeszulski J.**, Bellissimo G, Becker T, Revord LP, Hammer R. “Super Stiffness” in the Core Does Not Increase Grip Strength. Poster Presentation Central Michigan University Student Creative Research Endeavors Exhibit. March 2012.
64. Bellissimo G., **Szeszulski J.**, Becker T., Revord L.P., Hammer R. Reciprocal Inhibition Increases Flexibility of the Hip Adductor Muscles Reciprocal Muscles. Poster Presentation Central Michigan University Student Creative Research Endeavors Exhibit. March 2012.

Presentations Moderated

1. Szeszulski J, Rolke L, Iyer S, Smith M. A Return to School Health: Opportunities for Prioritizing Student Health in the Upcoming School Year. Presented as a webinar through the Michael & Susan Dell Center for Healthy Living. Online. July 2022.
2. Wang Y., Yang C., Lopez N., Budd E. Our children are watching: Caregiver and maternal/child physical activity relationships. Oral session at American Public Health Association Annual Meeting, San Diego, CA. November 2018.
3. Green M., Bayer I., Gibson-Young L., Roberts M. School and Community Linkages to Improve Child Health. Oral Session at American Public Health Association Annual Meeting, San Diego, CA. November 2018.
4. Floyd M., Sallis J., Botchwey N. Physical Activity Research Center: Current research, initiatives, and goals. Oral Session at American Public Health Association Annual Meeting. Atlanta, GA. November 2017.

Invited Talks

1. Guest Lecturer. Issues and Challenges of Using and Applying Health Behavior Theory to Research and Practice. HBHE593: Theoretical Foundations for Understanding Psychosocial Determinants of Health. University of Michigan, Ann Arbor, Michigan. August 2020.
2. Guest Lecturer. Residential Summer Experience at West Program: The Positive Effects of Exercise beyond Physical Health. Arizona State University, Phoenix, Arizona. June 2017.
3. Guest Lecturer. Light the Fire Men’s Workshop: Family Physical Activity. Mesa, Arizona. October 2016.
4. Guest Lecturer. Exercise is Medicine in Year 2 Medical Students Part 2. Central Michigan University College of Medicine, Mount Pleasant, Michigan. December 2014.
5. Guest Lecturer. Exercise is Medicine in Year 2 Medical Students Part 1. Central Michigan University College of Medicine, Mount Pleasant, Michigan. September 2014.

Journal Reviews

- American Journal of Preventive Medicine
- BMC Health Services Research
- BMC Public Health
- Health and Place
- Health Education and Behavior
- Journal of Medical Internet Research
- Obesity
- Preventing Chronic Disease
- Preventive Medicine Reports
- Translational Behavioral Medicine

Service Positions

Nov 2022 – Current	Guest Editor for a Special Issue: Human Ecology, the Environment and Physical Activity: Contemporary Methodologies and Promotion Strategies	Journal of Environmental Research and Public Health
Aug 2022 – Current	Editorial Board Member	International Society of Behavioral Nutrition and Physical Activity
Aug 2021 – Aug 2022	Guest Editor for a Special Issue: The Ecologic Environment and Physical Activity: Innovations and Opportunities That Advance Research, Practice, and Policy	Journal of Environmental Research and Public Health
May 2019 – Current	Physical Activity Special Interest Group Advisory Board Member	Society of Behavioral Medicine
May 2021- May 2022	Healthy Eating Research – Early-Stage Investigator Workgroup	Robert Wood Johnson Foundation
April 2020 – June 2020	Committee for developing the UTHealth SPH Guidelines for Conduct of Community-based Research During the COVID-19 Pandemic	University of Texas Health Science Center at Houston
Aug 2018 – Aug 2019	Student Representative on the Exercise and Nutritional Science PhD Program Executive Committee	Arizona State University
Aug 2015 – Aug 2019	Graduate and Professional Student Association Research Grant Reviewer	Arizona State University
Aug 2016 – Aug 2018	Vice-President (2017), Secretary (2016), and Member (2015) of the Physical Activity Nutrition and Wellness Association Graduate Club	Arizona State University
Aug 2016 – Aug 2018	Physical Activity Section Program Planning Committee	American Public Health Association
Aug 2010 – May 2015	Co-Founder of ACSM Exercise is Medicine	Central Michigan University

Past and Current Trainees

Name	Position	Training Period	Project	Role	Subsequent Position
Andrew McNeely	Postdoctoral Fellow – Texas A&M AgriLife Research	Spring 2023 – Current	TBD	Primary Mentor	TBD
Laura Rolke, PhD, CHES	Postdoctoral Fellow – Texas A&M AgriLife Research	Fall 2021- Fall 2022	Process Evaluation for the Strong Hearts Healthy Communities Study	Primary Mentor	Postdoctoral Fellow – Duke
Priscilla Ayine, PhD	Postdoctoral Fellow – Texas A&M AgriLife Research	Fall 2021 – Current	Food Security Among Low-Income Parent-Toddler Dyads	Secondary Mentor	TBD

Phrashiah Githinji, PhD	Postdoctoral Fellow – Texas A&M AgriLife Research	Fall 2022 – Current	TBD	Secondary Mentor	TBD
Maya Foster, MPH	Doctoral Student – University of Texas Health Science Center at Houston	Fall 2022	Systematic Examination of EBIs For Black American Communities	External Reviewer	Postdoctoral Fellow - UTHealth

Other Mentorship

- Hoang Dao. Texas A&M Medical Scholar Research Pathway Program. The Impact of the Healthy School Recognized Campus Program on Physical Activity and Cardiovascular Fitness in Middle School Students. Summer 2023 - Current
- Minh Lee. Texas A&M Medical Scholar Research Pathway Program. The Relationship between Texas School Districts' Local Wellness Policies and Fitnessgram Data. Summer 2023 - Current
- Claire Phifer. Purdue University Global Master of Public Health Field Experience. Data Collection for School-based Health Promotion Programs. Summer 2023 - Current
- Swati Iyer. Texas A&M Medical Scholar Research Pathway Program. Urban-Rural Difference in Local Wellness Policies. Fall 2022- Fall 2023
- Faraz Jivraj. Master's Degree in Health Care Administration Practicum. Survey Development and Cognitive Interviewing for the Whole of School Physical Activity Index. Summer 2022
- Leila Aguilar. NIH STEP-UP Program for High School Students through Wake Forest. Developing a Curriculum Module on the Relationship between Nutrition and Mental Health. Summer 2022.
- Breanna and Bailee Chavez. Relationship between School District's Gifted and Talented Program and Nutrition Education Goals in Local Wellness Policies. Spring 2022.
- Anna Beard, Logan Bishop, Bailee Chavez, Breanna Chavez, Anna Dietzius, Emily Koch, & Morgan Langlais. Understanding Physical Activity and Nutrition Goals in Texas School District's Local Wellness Policies. Aggie Research Program. Spring 2023.
- Ennery Bravo. Undergraduate Student Intern Project. Factors that affect the sustainability of early care and education or early education-based garden programs and curricula in Hispanic populations. Spring 2019.
- Timothy Debase. Undergraduate Student Intern Project. The effect of positive child anthropometric measurements of child motor skill results. Fall 2018.
- Everly Inzunza. Undergraduate Student Intern Project. Does the involvement of school-aged children (3-8) in food production increase consumption of nutrient dense food? Spring 2017.
- Amr Nasef. Undergraduate Honors Student Thesis. Designing a Facebook Group to Promote Physical Activity Among Adults. Spring 2016.

Professional Conferences Attended

- International Society of Behavioral Nutrition and Physical Activity (May 2022)
- Society for Public Health Education Conference. Online (April 2021)
- Society of Behavioral Medicine Conference. Online (April 2021)
- 13th Annual Conference on the Science of Dissemination and Implementation in Health. Online (December 2020)
- Texas Institute for Implementation Science Conference. Online (Fall 2020)
- 12th Annual Conference on the Science of Dissemination and Implementation in Health. Washington D.C. (December 2019)
- Society of Behavioral Medicine Conference. Washington D.C. (March 2019)
- American Public Health Association Conference. San Diego, CA (November 2018)
- Society for Behavioral Medicine Conference. New Orleans, LA. (April 2018)
- Phoenix Children's Hospital Pediatric Obesity Symposium. Scottsdale, AZ (March 2018)
- 13th Annual Building Healthy Lifestyles Conference. Tempe, AZ (February 2018)
- American Public Health Association Conference. Atlanta, GA (November 2017)
- Society for Behavioral Medicine Conference. San Diego, CA (March 2017)

- 12th Building Healthy Lifestyles Annual Conference. Tempe, AZ (February 2017)
- American Public Health Association Conference. Denver, CO (November 2016)
- American College of Sports Medicine Conference. Boston, MA (May 2016)
- Southwest Interdisciplinary Research Center Annual Conference. Phoenix, AZ (April 2016)
- 11th Building Healthy Lifestyles Annual Conference. Tempe, AZ (March 2016)
- Central Michigan University Student Creative Research Endeavors Exhibit Mount Pleasant, MI (March 2015)
- Michigan American College of Sport Medicine Conference. Gaylord, MI (February 2015)
- Mid-West American College of Sports Medicine Merrillville, IN (Nov. 2014)
- North American Society for Pediatric Exercise Medicine Biennial Conference Minneapolis, MN (Aug. 2014)
- Michigan American College of Sports Medicine Gaylord, MI (Feb. 2014)
- Mid-West American College of Sports Medicine. Merrillville, IN (Nov. 2013)
- Central Michigan University Student Creative Research Endeavors Exhibit Mount Pleasant, MI (March 2012)
- Michigan American College of Sports Medicine. Gaylord, MI (February 2012)
- Michigan American College of Sports Medicine. Gaylord, MI (February 2011)