

## ***HEIDI FOWLER, RD, LD***

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### **EMPLOYMENT**

**Nutrition Extension Project Specialist**-Texas A&M AgriLife Extension Service: 04/2023-present. Provides program leadership, organizational support, and manages projects. Develops, delivers, teaches, implements, and evaluates nutrition related programs, services, curricula, products and processes. Provides expertise for multi- and interdisciplinary programming and projects. Works with County Extension Agents (FCH) to implement chronic disease prevention education programs. Works with Extension Agents, Specialists, and RPLs to build external partnerships at the county level, to expand Extension program delivery. Works with internal and external partners to respond to trends and programmatic needs. Contributes to the development of grant proposals to support programming efforts through contracts, grants, or the development of fee-based programs. Contributes to evaluation or research efforts to identify evidence-based interventions.

**Extension Agent-Better Living for Texans-Williamson Co.**, Texas A&M AgriLife Extension Service; Georgetown, TX: 01/2022-04/2023. Implement planned Better Living for Texans (BLT) educational programs aimed at improving nutrition, increasing physical activity, obesity awareness and prevention, food safety, and food resource management with low-income, SNAP-Ed eligible participants. Maintain appropriate communication between county staff, extension management, and BLT State Program Director. Coordinate and collaborate with other agencies, groups, and organizations to plan educational programs. Work with other local clubs, civic organizations, schools, etc., to identify potential adult and youth participants. Participate in regularly scheduled county staff conferences to coordinate plans, activities, and joint work to promote staff teamwork. Prepare reports and outcome program summaries to demonstrate results of planning, program accomplishments, and changes in behavior resulting from the educational programs.

**Child Nutrition Specialist**, CN Resource; Mesa, AZ (Remote job): 04/2019-01/2022: (1) CACFP reviews: TX; NJ; LA: site visits, documentation reviews, TA, evaluate compliance with state and federal standards, write reviews; CAD follow-up; (2) SFSP Monitor in FL: documentation evaluation, site visits (initial and follow up reviews), TA.

**Nutrition Consultant**, TYC/now TJJD; Austin, TX: (1) 2000-2002; (2) 2004-2007; (3) 2012-2020. (1) Admin. and clinical duties: training; TA; consultation to food service staff, healthcare staff and facility admin. Monitored nutrition & food service at 24 TYC sites throughout TX. Evaluated site compliance with NSLP/SBP, American Correctional Assn., TDH, TFER, & TYC policies. NUTRIKIDS software: Provided TA to TYC sites; analyzed recipes & nutrition information. Wrote medical diets and conducted diet education for staff. (2); (3): Wrote medical diets. Consultation with Nutrition Services Manager PRN. Developed, reviewed and presented educational materials.

**CNP Coordinator/Office Aide**, FCA-Leander; Leander, TX: 2014-2016. Processed NSLP/SBP applications and related paperwork; inventory; ordering; billing; menu planning. Assisted in overseeing programs that met regulatory and nutritional requirements for students.

**(1) Nutrition Consultant; (2) Certification Reviewer, (3) Program Specialist, TDA;** Austin, TX: (1) 2007-2008; (2) 2012-2013; (3) 2016-2017.

(1) Conducted SMI reviews of RCCI's & private schools in TX. Evaluated site compliance with NSLP/SBP, & USDA policies & requirements. Wrote reports, corrective action plans, and follow up reports. Used NUTRIKIDS software to evaluate menu compliance. (2) Conducted certification reviews of documentation submitted by CE's operating NSLP/SBP to determine compliance with state and federal regulations. Reviewed, approved and processed CE's certification documentation. Provided extensive, complex TA regarding required certification documentation to CE's. (3) Contacted food brokers and companies re: product nutrition info. Entered nutrition data for Primero Edge database (used FBG; interpreted, calculated & converted product units & nutrition info.; verified nutrition info).

**Clinical Dietitian**, Scott & White Memorial Hospital; Temple, TX: 1998-2000. Coverage included: Rehab, Oncology, Surgery, Pediatrics, ICU's, Gen. Med., OB/GYN. Duties: liaison and preceptor for Texas A & M University dietetic interns, management liaison for clinical dietetics staff in absence of Clinical Nutrition manager, served on several committees, attended Patient Care Conferences, nutrition screening & assessment, diet education, CQI monitoring, Diet Manual revision, a research grant proposal, presentations PRN.

**Dietary Manager**, Capitol City Nursing Home & Rehab Center; Austin, TX: 1996-1998. Administrative and Clinical duties: staffing, purchasing, budgeting, supervising dietary staff, CQI, decubitus nutritional intervention, nutritional screening & assessment, care plans.

**EDUCATION**

**Bachelor of Science, Nutritional Science/Dietetics-TX A&M Univ.-08/95**

**INTERNSHIP**

**PRESBYTERIAN HOSPITAL OF DALLAS-** Dallas, TX- 8/95-7/96

**CREDENTIALS**

Registered and Licensed Dietitian